Change to a zero carbon energy supplier such as <u>Ecotricity</u> or a sustainability focused renewable provider such as <u>Meridian</u>

Have shorter showers

Try to do a month of plastic free find resources and ideas at <u>Plastic</u> <u>Free July Aotearoa</u>

Move from LPG cooking and heating to electricity

Try regenerative gardening to take carbon out of the atmosphere and keep it in the ground. Find out more from NZ organisation For the Love of Bees

Investing in an EV - Find an option that works for you merdianenergy.co.nz/ev

Ask your local MP (and candidates) what their party is doing to ensure NZ moves to carbon zero by 2050

Organise to carpool to church with someone who lives close by

Practise the 7 R's of zero waste: Refuse, reduce, reuse, recycle, rehome, replant, rot Make sustainable and ethical shopping choices - check out livelightly.nz

Invest in low energy heating and better insulation – see if you qualify for a heater/insulation grant for low-income home owners with EECA

Eating less red meat can reduce our carbon footprint - find out by how much using the <u>Ekos lifestyle</u> carbon calculator

Join in local tree planting days find one near you with <u>Naturespace.org.nz</u>

Change to LED lightbulbs

Start a composting system Check out Auckland Organisation
The Composte Collective to find
out more

Make your next gift to someone a native tree through <u>Trees that</u> <u>Count</u>

Divest from fossil fuels and support campaigns that move us towards a fossil free future - check out <u>350.org Aotearoa</u>

Personal ideas for climate action!

See the difference you can make using these carbon calculators

https://futurefit.nz

Join in local climate action such as <u>School Strike for</u> <u>Climate</u>

Take holidays closer to home

Choose active transport where possible - walking and biking

Organise a small group study around creation care - try the NZ conservation organisation A Rocha's <u>Rich Living Booklets</u>

Become a Sustainability Champion for your church - email <u>sustainability.fieldworker@aucklandanglican.org.nz</u>

https://ekos.org.nz/lifestyle-calc